

Scout Meal Plan Worksheet

BSA Cooking Merit Badge / Camping Merit Badge / Trail to 1st Class Rank Advancement

- Req #5: Plan ten group meals - prepare 4
- Req #6: Plan six outdoor patrol meals - prepare 4
- Req #7: Plan four trail meals for yourself and 3-5 buddies - prepare 3

Remember to save your meal plans!


Scout Name :	Tenderfoot John - Troop 007
Meal Title :	Breakfast Burritos for 12
Meal Event :	District Camporee - Breakfast
Cook Method :	Camp Stove
Plan Date :	Sept 23, 2015
Cook Date :	Sept 26, 2015



	Ingredients	Food Group	Quantity	Unit Cost	Net Cost
1)	Eggs	Dairy	24	\$1.99/dz	\$ 3.98
2)	Sausage	Meat	24	\$1.99/box	\$ 3.98
3)	Cheese	Dairy	3 lb.	\$0.99/lb	\$ 2.97
4)	Tortillas	Grain	24	\$.49/dz	\$ 0.98
5)	Oranges	Fruit from grandpa's trees	12	\$ -	\$ -
6)	Butter	1/4 cube from mom's fridge	0.25	\$ -	\$ -
7)	Hot Sause	Free packets from Taco Bell	12	\$ -	\$ -
	SUBTOTAL				\$ 11.91
			Sales Tax	4.0%	\$ 0.48
	TOTALS				\$ 12.39

Equipment Required

Frying Pan and Metal Pot
Big Stir Spoon, Food Knife & Tongs

Insert Meal Prep Picture


Meal Prep Instructions

Use butter to grease pot & pan
Scramble & cook eggs in big pot, add cheese
Cook sausage in frying pan

Self Evaluation

Insert Meal Final Picture


Guest Evaluation
