

Scout Meal Plan Worksheet

BSA Cooking Merit Badge / Camping Merit Badge / Trail to 1st Class Rank Advancement

- Req #5: Plan ten group meals - prepare 4
- Req #6: Plan six outdoor patrol meals - prepare 4
- Req #7: Plan four trail meals for yourself and 3-5 buddies - prepare 3

Remember to save your meal plans!

Scout Name : _____

Meal Title : _____

Meal Event : _____

Cook Method : _____

Plan Date : _____

Cook Date : _____



	Ingredients	Food Group	Quantity	Unit Cost	Net Cost
1)			0	\$ -	\$ -
2)			0	\$ -	\$ -
3)			0	\$ -	\$ -
4)			0	\$ -	\$ -
5)			0	\$ -	\$ -
6)			0	\$ -	\$ -
7)			0	\$ -	\$ -
	Subtotal				\$ -
	Sales Tax			0%	\$ -
	TOTALS				\$ -

Equipment Required

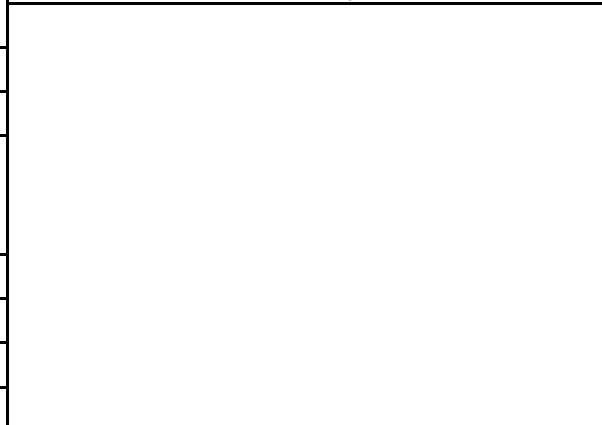
Meal Prep Instructions : Storage / Transport / Cooking

Storage: _____

Prepare: _____

Cleanup: _____

Insert Meal Prep Picture



Self Evaluation

Guest Evaluation

- a) Each meal must be planned from MyPlate food Guide
- b) Include a shopping list for each meal plan.
- c) Describe cook method and storage method.
- d) Describe the cooking utensils and equipment needed.
- e) Determine if anyone in your group has any food allergies.
- f) After serving - self evaluate your meal.
- g) After serving - invite one diner to evaluate your meal.
- h) Explain how you did clean up after each meal served.